



# Camping Food

## Checklist

THE *James* GUIDE

Date : \_\_\_\_\_

Destination : \_\_\_\_\_

### DRY GOODS

- Bread
- Tortillas
- Pancake mix
- English muffins
- Oats/Oatmeal
- Canned veggies
- Peanut butter
- Bagels
- Beans
- Rice
- Pasta
- Canned soup
- Hot dog buns
- Burger buns
- Cereal
- Ramen
- Couscous
- Lentils
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### PROTEINS

- Hot Dogs
- Burgers
- Brats/sausages
- Bacon
- Chicken
- Cheese
- Tofu
- Steaks
- Deli meats
- Salami/pepperoni
- Tuna
- Ground beef
- Frozen shrimp
- Fresh fish
- Breakfast sausage
- Eggs
- Plant Based
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### PRODUCE

- Apples
- Bannanas
- Oranges
- Necterines
- Grapes
- Lemons/limes
- Mangoes
- Peaches
- Blueberries
- Strawberries
- Raspberries
- Pears
- Potatoes
- Carrots
- Cucumbers
- Corn
- Bell peppers
- Onion
- Tomatoes
- Zucchini
- Lettuce/spinach
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### EXTRAS

- Salt/pepper
- Taco seasoning
- Cooking oil
- Garlic powder
- Onion powder
- Italian seasoning
- Ketchup
- Mustard
- Mayo
- BBQ sauce
- Hot sauce
- Syrup
- Salsa
- Relish
- Sauerkraut
- Dry rub
- Pesto
- Pasta sauce
- Salad dressing
- Cinnamon
- Honey
- Sugar
- Cayenne pepper
- Cajun seasoning
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Notes:



# Camping Food

## Checklist

THE *James* GUIDE 

Date : \_\_\_\_\_

Destination : \_\_\_\_\_

### EQUIP/UTENSILS

- Camp stove
- Stove accessories
- Pots/pans
- Cutting knife
- Cutting board
- Thermometer
- Tongs
- Spatula
- Mixing spoon
- Mixing bowls
- Measuring cups
- Camp sink
- Roasting sticks
- Kitchen scissors
- Can opener
- Bottle opener
- Pot holders
- Coffee maker
- Coffee filters
- Cups/plates/  
bowls
- Knives/forks/  
spoons
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### SNACKS

- Chocolate
- Graham crackers
- Marshmallows
- Candy
- Beef jerky
- Pretzels
- Chips
- Popcorn
- Trail mix
- Cheez-it crackers
- Granola
- Cookies
- Nuts
- Dried fruit
- Crackers
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### DRINKS

- Water
- Coffee
- Tea
- Hot chocolate
- Beer
- Wine
- Juice
- Sports drinks
- Sodas
- Fizzy water
- Energy drinks
- Cider
- Coconut water
- Bottled juices
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### CHILLED EXTRAS

- Hummus
- Milk
- Butter
- Yogurt
- Cream cheese
- Jam/jellies
- Sour Cream
- Cottage cheese
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### PRE-PACKAGED

- Freeze-dried meals
- M.R.E.'s
- Instant noodles
- Instant oatmeal
- Mac n' cheese
- Meal kits
- Instant potatoes
- Powdered eggs
- Canned chili/stew
- Pop-tarts
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Notes:



# Camping Food

## Meal Plan

THE

James

GUIDE



Date: \_\_\_\_\_

Destination: \_\_\_\_\_

### BREAKFAST

MEAL #1

---

MEAL #2

---

MEAL #3

---

### LUNCH

MEAL #1

---

MEAL #2

---

MEAL #3

---

### DINNER

MEAL #1

---

MEAL #2

---

MEAL #3

---